

### L.E.A.D.





#### THE ART OF ONE-ON-ONE COACHING

# WHAT'S YOUR FAVORITE SPORT?





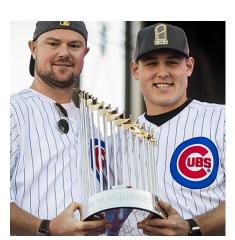














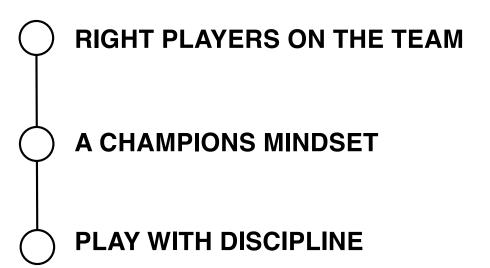
# WHAT DOES IT TAKE TO BE A WORLD CHAMPION?





## WHAT DO THE TRAITS OF WORLD CHAMPIONS HAVE IN COMMON?

A GREAT COACH



#### **GOOGLE MANAGER BEHAVIORS FROM RE:WORK**

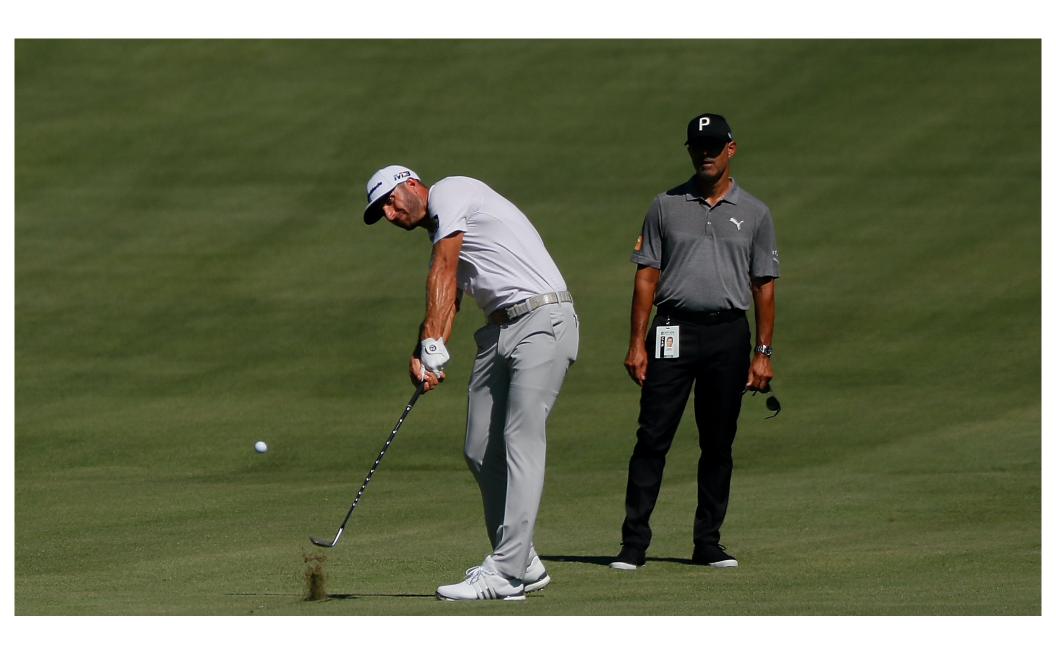




Source: rework.withgoogle.com

# WHAT IS YOUR DEFINITION OF A GOOD COACH?

## "TO HELP PEOPLE BE THE BEST THEY CAN BE IN THEIR ROLE."



# "MAKING OTHERS BETTER AS A RESULT OF YOUR PRESENCE. AND MAKING IT LAST IN YOUR ABSENCE."

-FRANCES FREI

#### WHY EVERYONE NEEDS A COACH

#### **PERSPECTIVE**

A COACH CAN SEE THINGS THE STUDENT CAN'T SEE OR DOESN'T WANT TO SEE

#### **VISION**

THE COACH SEES THE BIG PICTURE
VISION OF HOW EACH PLAYER
FITS INTO THE STRATEGY



#### **EXPERIENCE**

A COACH HAS BEEN THERE BEFORE AND CAN SHARE VALUABLE EXPERIENCES

#### **SKILLS**

A COACH KNOWS THE TOOLS AND TECHNIQUES TO ACHIEVE THE STUDENT'S GOALS

#### **MOTIVATION**

TO REMIND THE STUDENT
OF THEIR GOALS AND
MOTIVATE THEM

#### **GOOGLE MANAGER BEHAVIORS: A GOOD COACH**

Have regular 1:1s with your team member and be fully present and focused on the team member

Be aware of your own mindset and that of the team member

Practice active listening and ask open-ended questions to facilitate the team member's own insight (questions that start with "what" and "how" encourage expansive thinking)

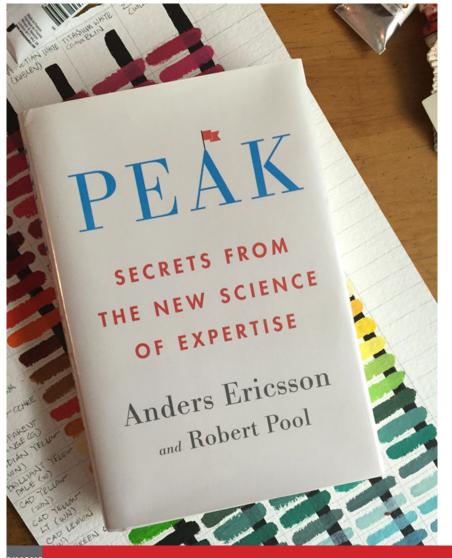
Provide specific and timely feedback

Balance positive (motivational) and negative (constructive) feedback and understand the unique strengths and development areas of each team member



Source: rework.withgoogle.com





PUSH PEOPLE TO GET OUTSIDE THEIR COMFORT ZONES

PROVIDE IMMEDIATE
FEEDBACK ON PERFORMANCE

IDENTIFY THE BEST PERFORMERS
AND TEACH THE TEAM THEIR SKILLS

**ESTABLISH WAYS TO**'PRACTICE' SKILLS

# L.E.A.D. ONE-ON-ONE COACHING

#### **ONE-ON-ONE FUNDAMENTALS**

BI-WEEKLY

50-MINUTES LONG

6-8 DIRECT REPORTS

CONSISTENT SCHEDULE

2 TO 3 MEASURABLE ACTIONS

#### **ONE-ON-ONE SUPPORT TOOLS**



ONE-ON-ONE AGENDA





ONE-ON-ONE TEMPLATE





SCORECARD TOOL





ONE-ON-ONE CHAPTER



#### L.E.A.D. AGENDA

#### LIFE REFLECTIONS

- Personal High and Low
- Professional High and Low

#### **ASK QUESTIONS**

- Parking Lot
- Coaching Questions

#### **EVALUATE THE GAME FILM**

- Review the Last Game Plan
- Key Performance Indicators (KPIs)
- Quarterly Rocks

#### **DEVELOP A GAME PLAN**

- Capture Action Items
- Confirm Next Meeting Date & Time

#### L.E.A.D. AGENDA

#### LIFE REFLECTIONS

- Personal High and Low
- Professional High and Low

#### LIFE REFLECTIONS

1. PERSONAL HIGH AND PERSONAL LOW [3 Minutes]

BUILD TRUST

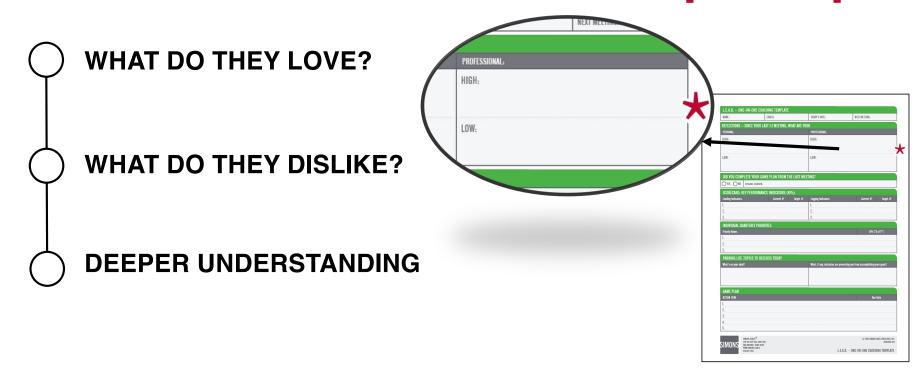
GENUINE CONNECTION

CONTEXT AND
UNDERSTANDING



#### LIFE REFLECTIONS

2. PROFESSIONAL HIGH AND PERSONAL LOW [3 Minutes]



#### L.E.A.D. AGENDA

#### LIFE REFLECTIONS

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#### **EVALUATE THE GAME FILM**

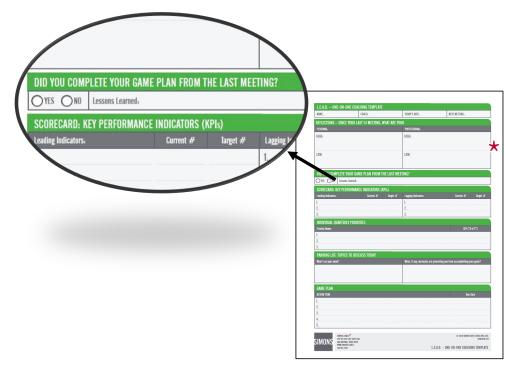
- Review the Last Game Plan
- Key Performance Indicators (KPIs)
- Quarterly Rocks

#### **EVALUATE THE GAME FILM**

3. REVIEW THE LAST GAME FILM [4 Minutes]

ACCOUNTABILITY
COACHING

) LESSONS LEARNED



#### **EVALUATE THE GAME FILM**

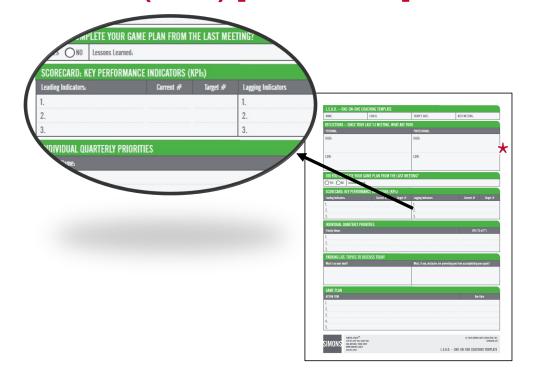
4. KEY PERFORMANCE INDICATORS (KPIs) [10 Minutes]

LAGGING INDICATORS

LEADING INDICATORS

SKILLS

RESPONSIBILITIES

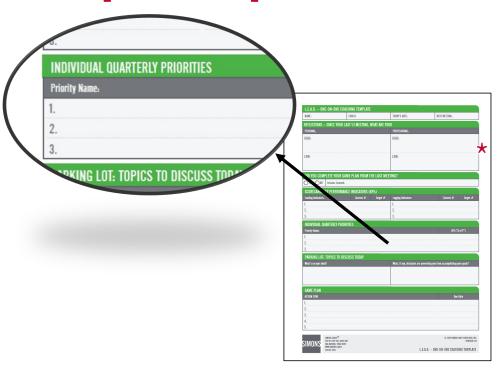


#### **EVALUATE THE GAME FILM**

#### 5. QUARTERLY ROCKS/PRIORITIES [4 Minutes]

ALIGNMENT

ACCOUNTABILITY



#### L.E.A.D. AGENDA

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#### **ASK QUESTIONS**

- Parking Lot
- Coaching Questions

#### **EVALUATE THE GAME FILM**

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#### **ASK QUESTIONS**

6. PARKING LOT [10 Minutes]



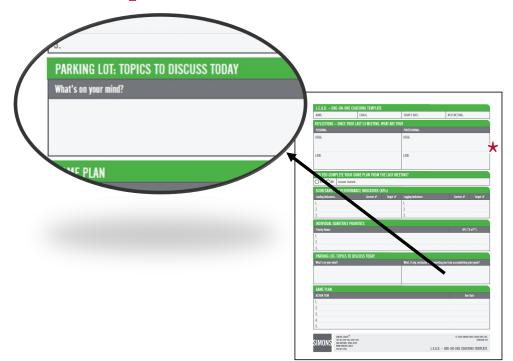
#### **ASK QUESTIONS**

#### 7. COACHING QUESTIONS [5 Minutes]

"WHAT OBSTACLES ARE PREVENTING YOU FROM ACCOMPLISHING YOUR GOALS?"

"WHAT CONCERNS DO YOU HAVE ABOUT COMMUNICATIONS"

"IS THERE ANYTHING ELSE?"



#### L.E.A.D. AGENDA

#### LIFE REFLECTIONS

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#### **ASK QUESTIONS**

- Parking Lot
- Coaching Questions

#### **EVALUATE THE GAME FILM**

- Review the Last Game Plan
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#### **DEVELOP A GAME PLAN**

- Capture Action Items
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#### **DEVELOP A GAME PLAN**

#### 8. CAPTURE ACTION ITEMS [10 Minutes]

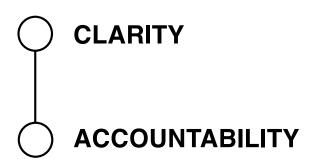
OUTCOME OF THE
ONE-ON-ONE MEETING

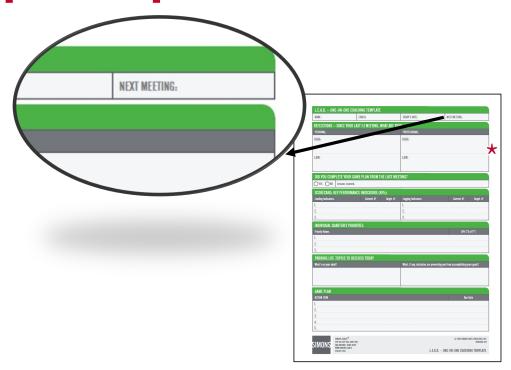
THREE ACTION ITEMS



#### **DEVELOP A GAME PLAN**

#### 9. CONFIRM NEXT MEETING [1 Minutes]

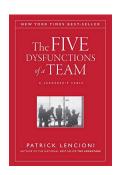




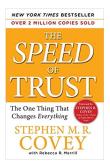
#### **RESOURCES**



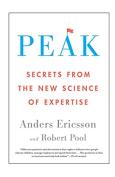




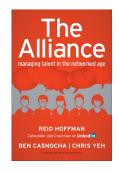
"The Five Dysfunctions of a Team" by Pat Lencioni



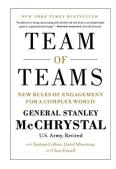
"The Speed of Trust" by Stephen M.R. Covey



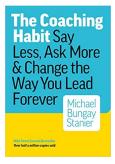
"PEAK: Secrets From The New Science of Expertise" by Anderson Ericsson



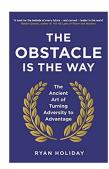
"The Alliance" by Reid Hoffman



"Team of Teams" by General Stanley McChrystal



"The Coaching Habit" by Michael Bungay Stanier



"The Obstacle is the Way" by Ryan Holiday

#### **ONE-ON-ONE SUPPORT TOOLS**



ONE-ON-ONE AGENDA





ONE-ON-ONE TEMPLATE





SCORECARD TOOL





ONE-ON-ONE CHAPTER







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